



YOUR GUIDE TO SEXUAL CONSENT

In the context of relationships and sexual activity, **consent** refers to an active, voluntary, clear, and enthusiastic agreement between all parties involved.



Strategic Initiative
for Women in the
Horn of Africa



SIHA Network



KEY ASPECTS OF CONSENT

VOLUNTARY

Consent must be given willingly, without any form of pressure or force.

CLEAR AND EXPLICIT

It should be expressed clearly, either through words or actions, without ambiguity.

ONGOING

Consent is not static, just because someone agrees at one moment doesn't mean they agree later.

REVERSIBLE

Anyone can withdraw consent at any time, and their decision must be respected.



**“NO”
MEANS
NO!**







**“I’M TIRED”
MEANS
NO!**





**“NOT NOW”
MEANS
NO!**



**“I’M
NOT SURE”
MEANS
NO!**



**“I DON’T
KNOW”
MEANS
NO!**





**“I’M NOT
READY”
MEANS
NO!**





**In short, if it's not
a clear, enthusiastic "YES,"
it's NOT "CONSENT"**